

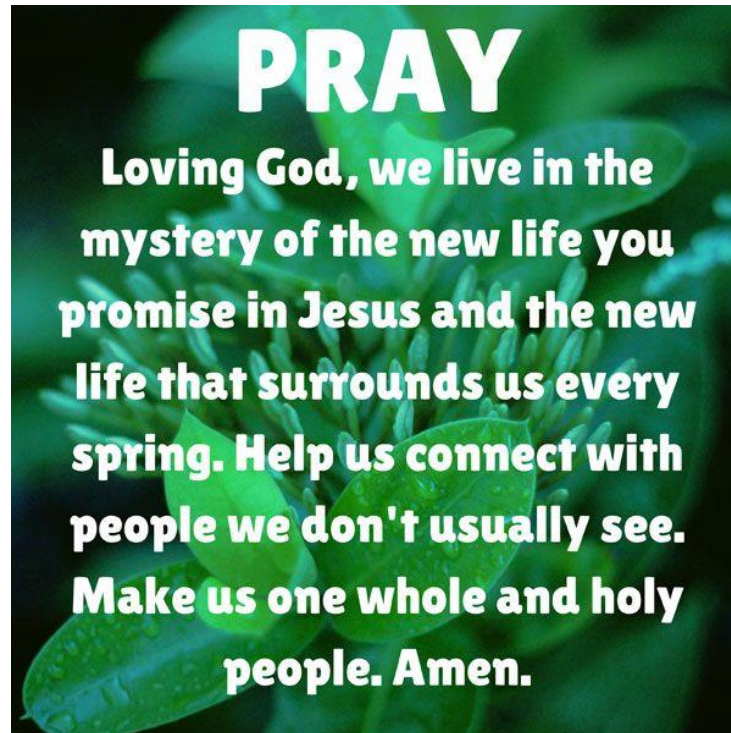
## Important Dates

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- April 2  
World  
Autism Day
- April 4  
Primary  
Artists
- April 7  
Grade 2 @  
Church AM
- April 8  
Distinguished  
Alumni,  
Inspiration  
Awards
- April 10 Palm  
Sunday
- April 15<sup>th</sup>  
Good Friday
- April 17<sup>th</sup>  
Easter  
Sunday
- April 18<sup>th</sup>  
Easter  
Monday  
(no school)
- April 26/27  
Festival of  
Faith
- April 30<sup>th</sup>  
First  
Communion

# Holy Name Catholic School

## April Prayer



### Reporting Attendance in Safe Arrival

Please ensure that student absences are recorded in Safe Arrival. The prompt completion of attendance helps to ensure student safety. Please enter your child absence into Safe Arrival.

# Niagara Region Public Health School Health Newsletter



## For Parents

### April is Oral Health Month!

- Drink water instead of sugary drinks, including pop, sports drinks and juice
- Avoid sticky snacks like fruit gummies that can get stuck in the grooves of your teeth
- Sweet snacks are best served at the end of a meal while there is plenty of saliva in your mouth to help wash sugars away
- Public Health's dental clinics are open for in person appointments and [virtual dental services](#). Morning, afternoon and evening [appointments](#) are available.
- If your child is in need of dental coverage, our dental staff can help families access [FREE dental care](#)
- If your child is experiencing dental pain or discomfort, please call the Dental Health Line at 905-688-8248 or 1-888-505-6074 ext. 7399 or connect with our [Dental Team](#)

### Puberty Information – Parents of Grade 5 & 6 students

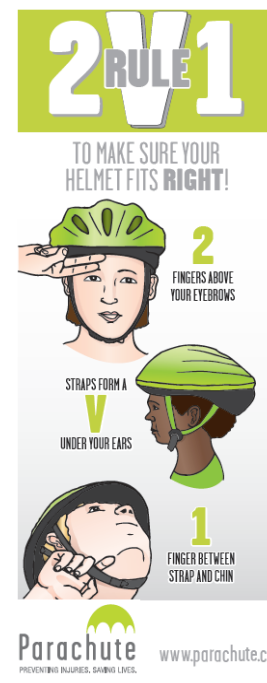
During the month of April and May, teachers may start addressing topics under Ontario's 'Human Development and Sexual Health' curriculum. To help support parents in answering questions around puberty, check out the Facebook [puberty information session](#) delivered by School Health Nurses Austin & Ashley.

### Head safety – for bikes and other wheels

With warmer weather around the corner, more students will be outdoors taking part in spring activities, such as biking, skate boarding or roller blading. A [properly fitted and correct helmet](#) can cut the risk of a serious head injury by up to 85%. This means four out of five brain injuries could be prevented if every cyclist wore a helmet.

- Bike [helmets](#) should be replaced after five years **or** a crash where the cyclist has hit their head
- It's not safe to use a [second-hand helmet](#)
- Baseball hats, big hair clips and headphones should never be worn under a helmet

The human skull is just approximately one centimeter thick, so it is important to remind children to always protect their head. To make sure a helmet fits right, follow the 2V1 Rule (image courtesy of [Parachute Canada](#))



## Niagara Parents

[Niagara Parents](#) is working hard to support Niagara residents during the COVID-19 pandemic. We recognize that during this time, there may be added stress on parents, caregivers and families as a result of class dismissals, social distancing requirements, and financial strain.

We remind parents and caregivers that Public Health Nurses are available to answer questions and provide reliable advice about pregnancy, newborn care, infant feeding, child or parental mental health concerns, and community supports through Niagara Parents.

Individuals can connect with a public health nurse at [Niagara Parents](#) Monday – Friday, 8:30 a.m. – 4:15 p.m.:

- Call 905-684-7555 or 1-888-505-6074 ext.7555
- [Email](#)
- [Live Chat](#)
- [Facebook Messenger](#)



**niagara parents**

Connect with a public health nurse at Niagara Parents

905-684-7555 or  
1-888-505-6074 ext. 7555

parents@niagararegion.ca

Live Chat

niagararegion.ca/parents

Niagara Parents

Niagara Parents provides a variety of services to help you raise a happy and healthy family. Learn more about pregnancy and caring for babies, children, and teens at [niagararegion.ca/parents](#)

Niagara Region

## Covid News

- Masks are now optional. Please keep your child home if they are sick.
- Please follow Provincial and Federal Guidelines if you travel

In

## World Autism Day

World Autism Day is April 5<sup>th</sup>. Students are encouraged to wear blue.

## Poppin in to Kindergarten

Board-wide live webinars will be offered to support Parents/Guardians with their child's transition to Kindergarten in September 2022. The webinars will include information for Parents/Guardians to consider during the upcoming months in preparation for their child's transition to school in September. It will also include interactive play-filled activities for families.

***Poppin' Into Kindergarten*** webinar sessions:

Session #1:

Building Relationships and Connections in Kindergarten -Thursday, March 31st from 7:00 to 7:30 p.m.

Session #2:

Literacy and Math in Kindergarten - Thursday, April 28<sup>th</sup> from 7:00 to 7:30 p.m.

Session #3:

Nurturing Mind, Body & Spirit in Kindergarten - Thursday, June 23<sup>rd</sup> from 7:00 to 8:00 p.m.

The live webinars will be led by Rose Gentilcore, Early Years Coach.

## School News

### Spirit Wear- Maddalenas Uniforms

Spirit Wear is available through the Maddalena Uniforms.

Maddalena-uniforms.com

### Catholic School Council

Our next CSC meeting will take place April 26th in our library. Our Co-Chairs for this year are Jonathon Hardt and Carrie Lamothe. All parents are welcome to attend our meetings.

### Hot Lunches

Hot Food Days will be continuing in April. All future food day orders will be taken online. Please contact the school if you have trouble ordering through School Cash Online. We will do a Pita Lunch and a Pizza Day.

### Parking Lot Safety

Please ensure that all parents exercise caution during morning drop off and pick up of students. Please ensure that all parents drive at a speed in and out of the parking lot that ensures student safety at all times. Let's ensure our kids are safe at all times.

### School Sports

Basketball- The Area of Schools Basketball Tournament will take place April 21<sup>st</sup>.

Badminton- Badminton Tournament will take place April 27<sup>th</sup>.

### Class Placement

If parents would like to make a request for class placement for 2022-2023, please contact the school as soon as possible. These request will be considered but final decision on student placement will be made by the school.

## St. Kevin Parish

- Mass Times – Saturday 5 PM Sunday 9 AM, 10:30 Am , 5 PM

## Schedule for Holy Week 2022

- Passion Sunday / Palm Sunday – April 9<sup>th</sup> – 10<sup>th</sup>  
Mass Times: Saturday 5:00pm; Sunday 8:00am, 10:00am & 12:00pm

**Palms will be distributed to each person as they enter the Church and blessed during the Liturgy.**

- Sacrament of Penance: Monday, April 11<sup>th</sup> – Communal Celebration at 7:00 p.m.  
**Communal Preparation with several priests for Individual Confessions.**

### Sacred Triduum

- Holy Thursday – April 14<sup>th</sup>  
Mass of the Lord's Supper at 7:00pm  
**Reception of Oils; Washing of Feet; Commissioning of Ministries**  
Hours of Adoration: 8:00pm to 11:00pm
- Good Friday – April 15<sup>th</sup>  
Celebration of the Lord's Passion at 12:00pm & 3:00pm  
**Stations of the Cross at 7:00pm**
- Holy Saturday – April 16<sup>th</sup>  
Easter Vigil at 8:00pm **Blessing of the new fire and Paschal Candle & the new water.**  
*[NO 5:00pm Mass today]*
- Easter Sunday – April 17<sup>th</sup>  
Masses at 8:00am, 10:00 am & 12:00pm

Catholic Women's League



# Good Friday Fish Fry Fundraiser

With Stephanie AKA The Lunch Lady

**FRIDAY, APRIL 15, 2022**

***1 Piece Dinner, Chips, Coleslaw, Tartar Sauce—\$11***

***2 Piece Dinner, Chips, Coleslaw, Tartar Sauce— \$15***

***\* Payment—CASH or e-transfer***

Pick Up at: Lunch Lady Kitchen located at  
125 East Main Street (at the back of the building  
where Matteo's Restaurant is found).

Contact: Lorrie 905-734-4828 or  
Email: [lmack@cogeco.ca](mailto:lmack@cogeco.ca)

**You Must Pre-Order by:  
APRIL 11, 2022**